

# PE Circuit Recording Sheet

<b>Exercises</b>	<b>First Attempt</b>	<b>Second Attempt</b>	<b>Third Attempt</b>
<b>Plank</b> Did you do the plank for the full minute? Yes or no?			
<b>Burpees</b> How many in 1 minute?			
<b>Sit Ups</b> How many in 1 minute?			
<b>Shuttle Runs</b> How many in 1 minute?			
<b>Squats</b> How many in 1 minute?			
<b>Star Jumps</b> How many in 1 minute?			
<b>Lunges</b> How many in 1 minute?			
<b>Press Ups</b> How many in 1 minute?			