



PSHE and Citizenship

Relationships | TEAM

Bullying and Teasing



twinkl

Aim

- I can talk about unkind behaviour like teasing and bullying.

Success Criteria

- I can say if behaviour is joking, teasing or bullying.
- I can describe what to do if I see teasing or bullying.

The Big Questions

The Big Questions



Talk about these questions in pairs
before sharing your thoughts.



What can we do
if we see teasing
or bullying, or if
it happens to us?

What kinds of
unkind behaviour
are there?

Reconnecting

What Type of Behaviour?



Do you know the difference between friendly joking, teasing and bullying?

Friendly
Joking

Teasing

Bullying



next slide

What Type of Behaviour?



What kind of behaviour is friendly joking?



Can you think of an example of friendly joking?

Friendly joking is where someone says funny things or plays tricks on someone to make that person laugh. Joking is between friends and isn't meant to be cruel or unkind. Joking doesn't make anybody feel bad, and always stops before anyone gets upset.

What Type of Behaviour?



What kind of behaviour is teasing?



Can you think of an example of teasing?

Teasing is where a person makes fun of another person, annoys them or says something unkind to them in a playful way. Sometimes teasing is friendly, but it can easily hurt people's feelings. Teasing can become bullying if it carries on when the person being teased is upset.

What Type of Behaviour?



What kind of behaviour is bullying?



Can you think of an example of bullying?

Bullying is where a person hurts another person with their body or their words. It happens more than once and the person who is doing it knows that their actions are hurtful. Bullying can include leaving people out, making people feel silly on purpose, hurting people, calling them names or making them feel bad about themselves.

What Type of Behaviour?



We are going to play a game where we will sort different behaviours.

Some of the behaviour will be 'friendly joking', some will be 'teasing' and some will be 'bullying'.



Around the classroom are the three signs. When we hear about a type of behaviour, go and stand by the sign that you think best describes what is happening.

What Type of Behaviour?

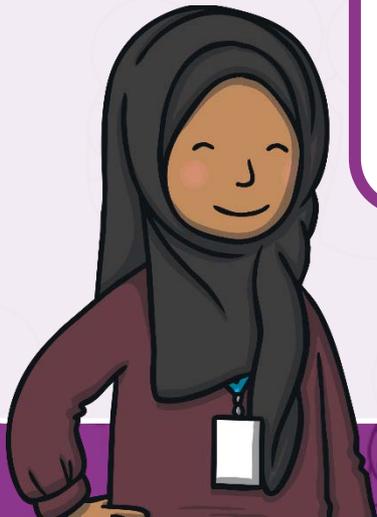


Is this friendly joking, teasing or bullying? What do you think?

Arjid tells Katie that he likes her sparkly shoes and he says he wonders if he should buy a pair too. They both laugh.



Arjid said something funny and it made Katie laugh. This is friendly joking.



What Type of Behaviour?



Is this friendly joking, teasing or bullying? What do you think?

At carpet time, Susie sits behind Jacob. Each day Susie taps Jacob on the back but when he turns around she just laughs about it. Jacob has asked Susie to stop and said he doesn't like it, but Susie carries on doing it. Jacob doesn't like sitting on the carpet anymore because he can't concentrate on what his teacher is saying.



Susie knows she is being unkind, and that Jacob wants her to stop, but she carries on her behaviour again and again. This is bullying.

What Type of Behaviour?



Is this friendly joking, teasing or bullying? What do you think?

Jake tells Amana that her trousers are on back to front. Amana looks. Jake laughs and says he was only joking. Kali and Aaron laugh too.



Jake played a trick to make Amana feel silly. It made other people laugh at Amana. It wasn't very kind. If it only happens once, this is teasing.

What Type of Behaviour?



Is this friendly joking, teasing or bullying? What do you think?

Every day, Caitlin pushes Edward out of the line so he has to go to the back. This makes Edward cry but Caitlin carries on doing it. Today Caitlin pushes Edward hard and he falls over.



Caitlin knows that she is being unkind but every day she keeps upsetting and hurting Edward on purpose. This is bullying.

What Type of Behaviour?



Is this friendly joking, teasing or bullying? What do you think?

Savannah tells Bobby that he has to go inside to speak to the teacher. When Bobby goes in, Savannah laughs and says that he didn't really have to go in. Bobby is cross. Savannah says sorry.



Savannah played a trick on Bobby to annoy him. It made him cross but she is sorry.
This is teasing.

What Type of Behaviour?

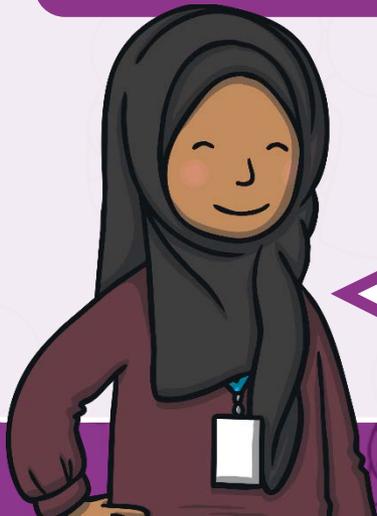


Is this friendly joking, teasing or bullying? What do you think?

William says to Farrah that she is so good at jumping that she could be a frog. They both laugh.



William said something funny to make Farrah laugh. This is friendly joking.



Exploring

Chase the Cheetah



We are going to hear a story about a Cheetah named Chase.

While we listen to the story,
think about this question.

What can we do if we see teasing
or bullying or if it happens to us?



Chase the Cheetah

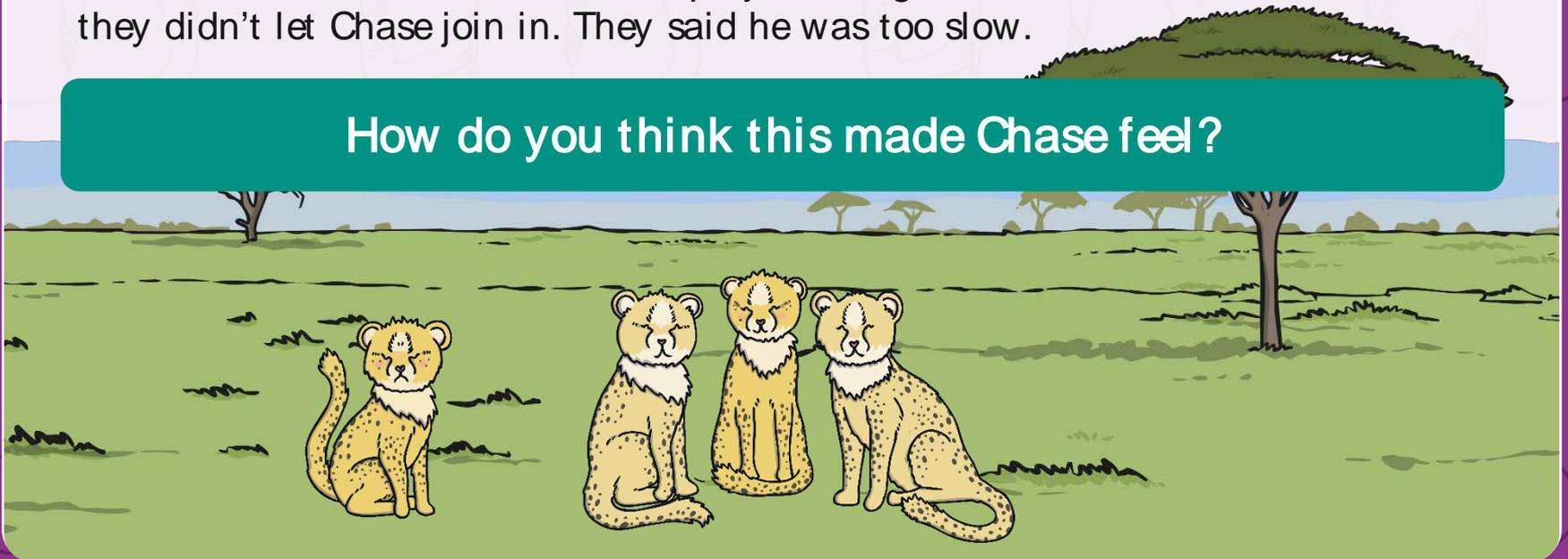


In Africa, there lived a coalition of cheetahs. Cheetahs have long legs and strong muscles. They are fantastically fast. What cheetahs love best of all is to run as fast as they can.

One of the cheetah cubs in Cheetah School was called Chase. Chase had shorter legs than all the other cubs in his class so he couldn't run nearly as fast.

The other cubs in the class loved to play running races but they didn't let Chase join in. They said he was too slow.

How do you think this made Chase feel?



Chase the Cheetah

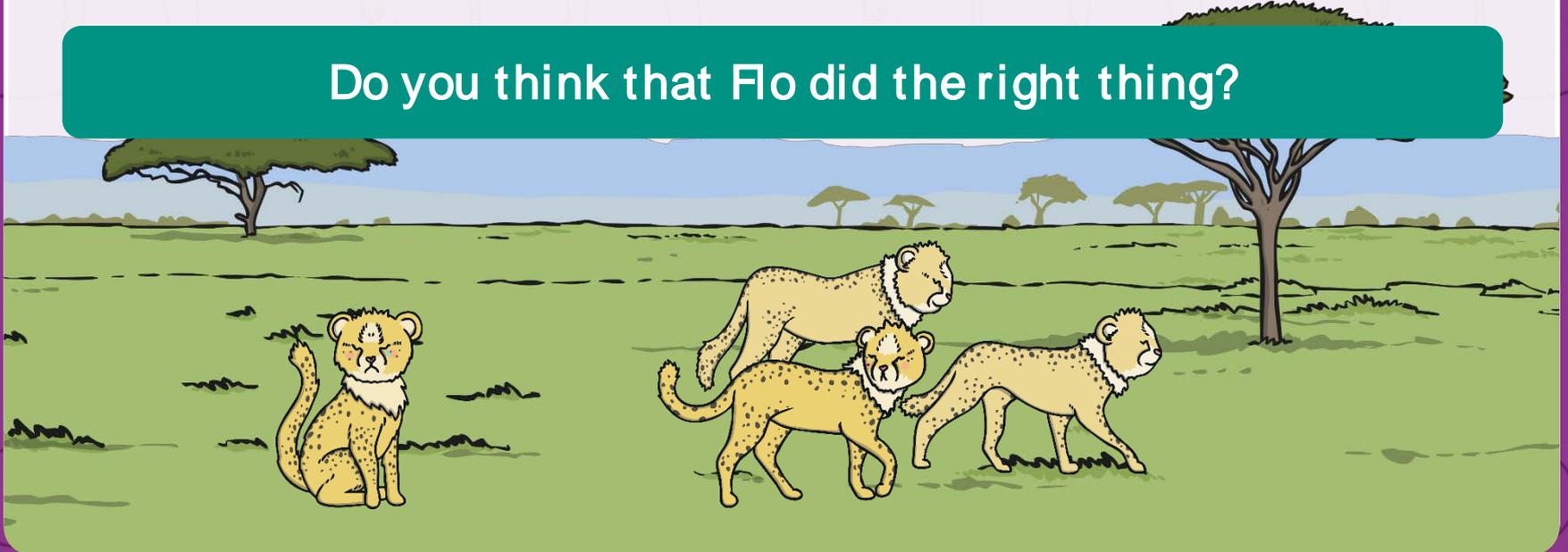


As the cheetah cubs grew, their legs grew longer. They spent their play times running further and faster. Chase couldn't keep up at all and he was often left alone.

One day, one of the cheetah cubs, Flo, noticed that Chase was looking lonely. She asked the other cubs if they could let Chase join in with their race.

All of the other cheetahs said no. They ran off together and Flo followed.

Do you think that Flo did the right thing?



Chase the Cheetah

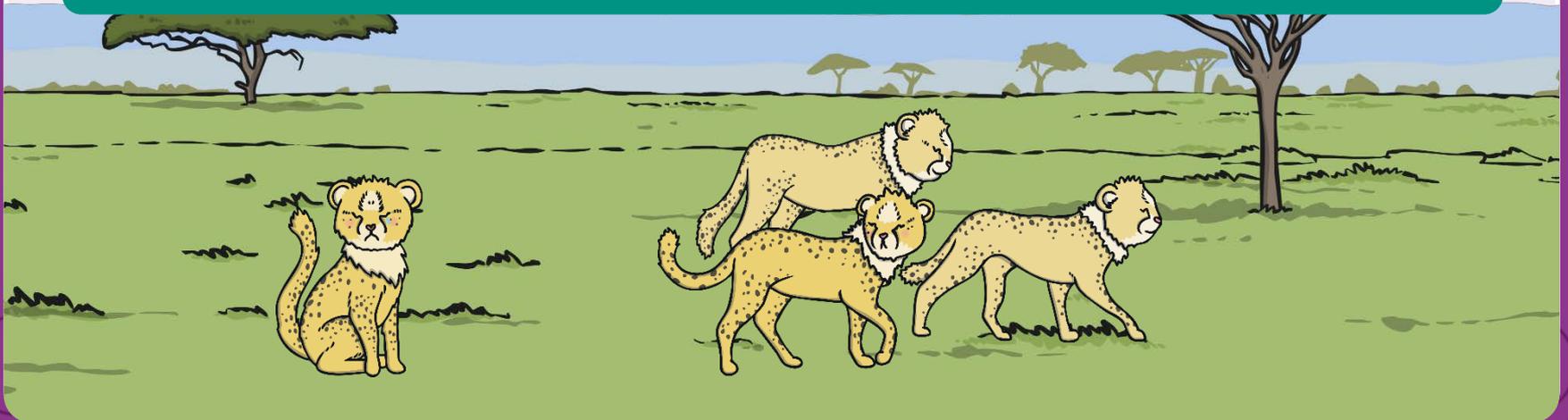


Every day, the cheetah cubs raced through the jungle. Every day, Flo asked the other cubs in the class if Chase could join in with their games. The other cheetahs always said no. Sometimes they called Chase nasty names.

Flo felt bad for Chase but she didn't know how she could help.

How do you think the cubs' behaviour makes Chase feel?

What could Flo do to help?



Chase the Cheetah



One day, Flo thought hard about how it must feel for Chase to be left out at play time every day. She knew he must be feeling very sad.

So, Flo did something very brave. She told the other cheetah cubs that they were being very unkind by leaving Chase out of all of their games.

Flo knew that she should also tell a grown-up what she had seen. She raced back to Cheetah School to tell her teacher how the other cubs had been behaving towards Chase.



What do you think the teacher will do?

What could Flo do next?

What might happen?

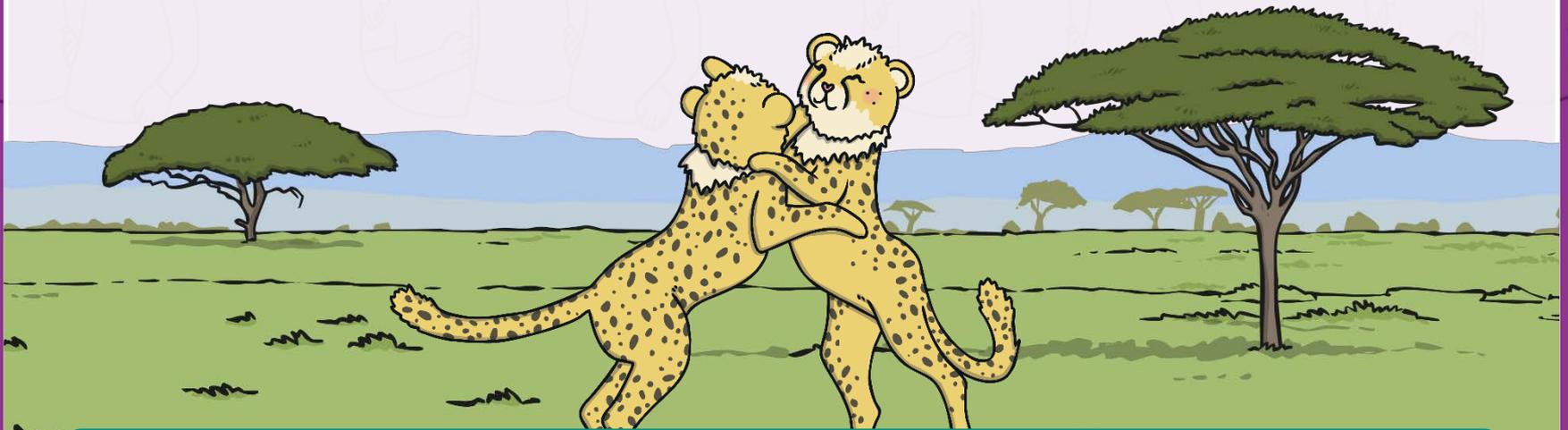
Chase the Cheetah



Flo felt much better when she had told the teacher what had been happening.

That day, Flo played with Chase instead of the other cubs. Flo found that Chase had great ideas for games to play in the jungle and they both had lots of fun.

Flo and Chase became good friends and played together often. And, after a while, the other cheetahs joined in with their games and they all had fun together.



How do you think that Chase feels now?

Chase the Cheetah



What can we do if we see teasing or bullying, or if it happens to us?

Consolidating



Reflecting

Consolidating

Kindness



What can we do if we see teasing or bullying, or if it happens to us?

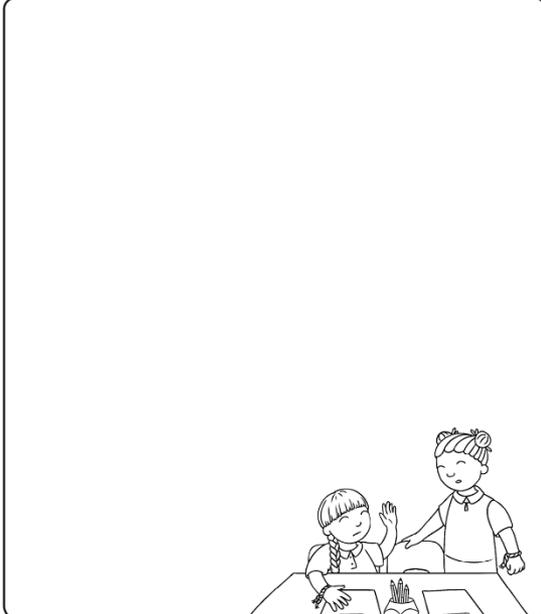
Show your
ideas on the
activity sheet.



What Can We Do?

I can talk about unkind behaviour like teasing and bullying.

What can you do if you see teasing or bullying, or if it happens to you?



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association's [Curriculum of 2014](https://www.pshe.org.uk/curriculum-of-2014).

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Reflecting

Helping Hands



It's good to have a joke and a laugh with a friend. This is how we have fun!



If you are joking around and your friend becomes upset, cross or worried, this means the joke needs to stop.



Everybody accidentally says or does things to upset someone else from time to time – that's OK! Just say **sorry**, and try to make the person feel better.

Helping Hands



It's never OK to try to make somebody feel bad because of who they are, what they look like, or what they can or can't do. Everybody is different, everyone is special and we all deserve to be treated with kindness.

It's never OK to try to make someone feel cross, scared, worried or sad on purpose.
This is not kind.

If a person often says or does something on purpose to make someone feel bad, this is bullying.



Helping Hands



It is up to all of us to work together to make sure that bullying doesn't happen in our team, and to help if we see teasing or bullying behaviour.

We are going to choose volunteers to act out some scenarios.

What could the people in the scenario do differently?

If you saw this happening, what could you do to help?



The Big Questions

The Big Questions



What do you know now that you didn't know at the beginning of the lesson?

What can we do if we see teasing or bullying, or if it happens to us?

What kinds of unkind behaviour are there?

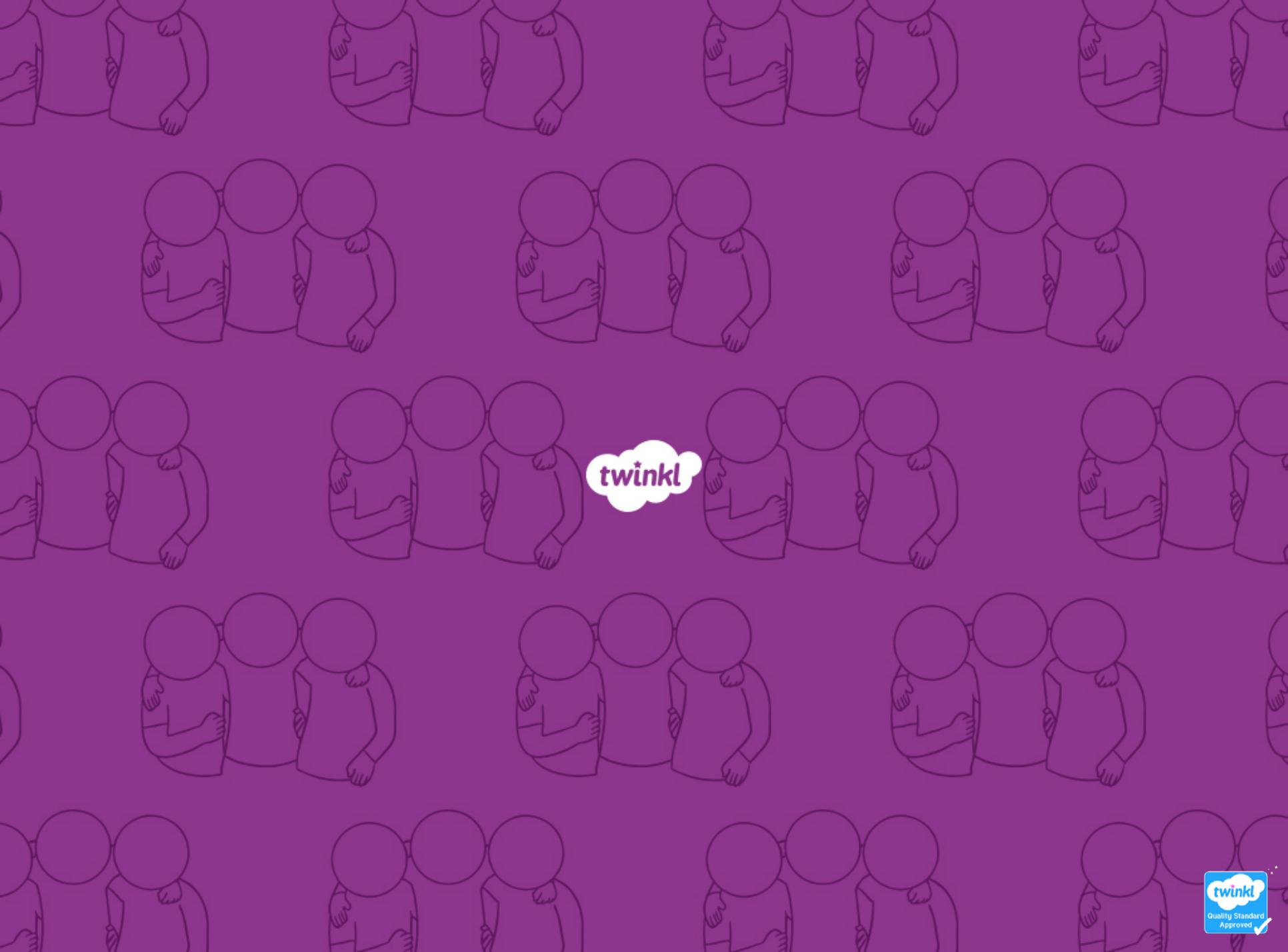


Aim

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Success Criteria

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